



Volume 25

Majestic Isles News

March 2022



Issue 6

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561-432-5898

MANAGER'S CORNER



Welcome back to the reopened clubhouse!

To those residents who mail in a check for their HOA dues, we suggest you send it in prior to the 25th of the month in which it is due. For example, the payment due April 1st should be mailed before March 25th. If you send your payment out after that, it can end up being late and late charges are automatically processed in the system. Since COVID and slow mail service can delay your check arriving on time, we want to avoid having our residents incur fees. If you want to set up automatic payments,

please call the office and we can help you arrange this.

Dates to remember:

- March 16th: shredding event, clubhouse parking lot, from 10–11:30 a.m.

Please also check the weekly report and channel 63 for updates regarding the community.

Regards,

Jay Peskoff, Property Manager

Email: jpeskoff@castlegroup.com

Phone: 561-734-873



Editorial Policy

We welcome articles by residents, whether or not you choose to join the newsletter staff (which we'd love you to do). We reserve the right to reject material that may be inappropriate for any reason whatsoever. For example, we do not print letters to the editor or opinion pieces. The staff also reserves the right to edit for content, length, clarity and accuracy.

REMINDER

Copies of this newsletter are available in the back lobby of the clubhouse and in a box by the pool. Be sure to pick up copies for your homebound neighbors! **SNOWBIRDS** can also find the current issue at MajesticIsles.com under the heading "Newsletter" and past issues are available for your enjoyment through the resident portal on the website.

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President's Message

By Bob Edinger

We hope we are nearing the end of the blight that has been with us for years, the invasion of COVID into our lives. While it may never go away completely, it will not rule our lives so completely; we will have learned to live with it. The first thing the Board can do is to reopen the clubhouse which, as this is written, we anticipate doing on or about February 14th.

We hope that by the time you read this, we will have taken the next step toward normalcy - the reopening of our pool, scheduled for the third or fourth week of February. As our infrastructure ages, we suffer inconvenience. Our vendor will provide our electrical panel with the required additional power. In addition, the vendor will upgrade the existing wiring and rerun it from the panel on the wall outside the pool to the equipment behind the pool fencing.

On a pleasanter note, the activities in the clubhouse will be off and running in March. We hope residents will enjoy the new clubs springing up and we wish them the best. The Board will be most supportive of what they do.

The 2022 directories were handed out to residents by the Property Manager's office in February. If you did not pick yours up, please contact the office. Residents are responsible for the accuracy of their information. If there is a mistake, please give Priscilla your corrections.

With the input of a Board member, I realized we needed to reconsider our thinking about single households when planning events. From now on, when we have events, each single household will be able to buy two tickets, with the second ticket not deemed to be a guest for whom there should be an extra charge. Of course, there will continue to be a charge for any additional attendees beyond the two per household unit.

As of this writing, Joel Cohen has stepped down from his post as a member of the Board. Thank you Joel for all your years of participation. Gail Shatzkamer was appointed to the Board at the February Board meeting.

2022 MAJESTIC ISLES BOARD OF DIRECTORS

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Alan Stevens adstevens.ta@aol.com	Secretary
Ellen Nelson ellenelson@aol.com	Member-at-large
Gail Shatzkamer gailshatzkamer@gmail.com	Member-at-large

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Comcast	Bob Edinger Mark Jaffie Alan Stevens
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Finance	Barbara Wasserman
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New Neighbors	Maddy Rosen

(If you wish to serve on a committee, call the committee chair. – Ed.)

GOOD AND WELFARE

THINKING OF YOU

Sherry and Arnie Everitt
Arlene Koch

THANK YOU

Our family would like to thank you for the outpouring of donations, visits, cards and the abundance of comforting phone calls to our father Ralph Oppler in memory of our beloved mother Ruth, wife to dad for 64 years, grandmother to 10 grandchildren and four great grandchildren. She loved her community at Majestic Isles and treasured the friendships over the many years.

Ralph Oppler, Robin Oppler, Thea Charles Oppler and Stephen Oppler

Thanks to all my MI friends for their kindness and good wishes after my fall on the pickleball court.

Audrey Wilczek

*Please note: Notices are reserved for members of the Majestic Isles community. We reserve the right to edit for length and clarity. Submit items to Gail Shatzkamer by email at Gailshatzkamer@gmail.com with **Good and Welfare** as the subject or call (561) 877-8914. Acknowledgement of each email will be sent as verification of receipt.*

WELCOME NEW NEIGHBORS

By Maddy Rosen

Bibiana and Anatalio Ramirez
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MI ENTERTAINMENT COMMITTEE NEWS

By Steve Berry

Entertainment is back! We've done some juggling and are able to offer events starting March 2nd. For more details watch channel 63, read on our website (www.MajesticIsles.com) or get your flyer in the pool area. **For more details, (see page 19):**

Robert Watson

Wednesday, March 2nd at 7 p.m. Hear this world-renowned historian and speaker. This will sell out fast. Cost: \$15 pp. **Guests Now Invited.**

Movie Night at The Majestic Isles Cinema

Wednesday, March 9th at 7:30 p.m.: "King Richard." Movie about the father of the Williams sisters. Cost: \$3 pp.

Casino Outing at the Isles of Pompano Beach

Wednesday, March 23rd at 10 a.m. (Residents only) Don't miss the bus. It's filling up fast. Cost: \$25 pp.

"The Motowners"

Sunday, April 10th at 7:30 p.m. A 10-piece troupe of singers and musicians. They play all those great songs of the 60s and 70s. This should be a sellout! Cost: \$35 pp. **Guests Now Invited.**

Billy Joel Cabaret

Sunday, May (Tentative): Will be just as exciting and nostalgic as the Streisand/Diamond cabaret we held last year. This should be a sellout. Cost: \$5 pp.

When an opportunity arises, we will add other events if possible.

Please, no cash, except for Movie Night. Make checks payable to: Majestic Isles Assoc. On the bottom of your check, note the event the check is for. If you require a handicap seat, indicate by writing "H" on the bottom of the check.



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MOVIES/STREAMING

By Joan Sorkin



“Edge of War” on *Netflix* deals with negotiations between Britain and Germany just as Hitler is gaining power and threatening on invading Czechoslovakia.

“The Dry” on *Showtime* features Eric Bana investigating the death of a young girl in his hometown.

“Vigil” on *Peacock* tells the story of a death on a nuclear submarine, and a brilliant Scottish investigator is brought in to find out whether it was a suicide or murder.

“My Father’s Violin” on *Netflix* is a sentimental story of a young girl in Turkey and her relationship with her estranged uncle. You will fall in love with the young girl.

If you enjoy historical dramas, Julian Fellowes has created “The Gilded Age” starring Christine Baranski and Cynthia Nixon. Now showing on *HBO* only once a week, it takes place in 1882 New York, and chronicles how the old guard rich are defending their historical dominance in high society, faced by the newer rich who desperately try to buy their way in.

“Fallout” on *HBO Max* is an upsetting story that follows a few teenage survivors of a school shooting. It is definitely a little too close to everyday life.

A new *Netflix* series with a very long title is “Woman In The House Across The Way From The Girl In The Window.” I haven’t decided if I like it. An unhappy divorced mother who recently lost her daughter to a horrible crime is drinking much too much to function, popping pills and staring out the window of her home watching a newly moved in neighbor. She sees a murder - or does she? Of course, no one believes her. Haven’t we seen this one before? You watch it and decide. After writing this, I decided I did not like it.

Alene loved “Thou Shalt Not Kill” on *PBS Passport*. If you make a monthly contribution to PBS, you can access many of their older shows.

If you are a woman of a certain age, check out *Showtime’s* “Women of a Certain Age #2,” a comedy special featuring female comedians over 50. This had me laughing out loud about situations only we can enjoy. Let your husband watch football and enjoy this by yourself. I hope you find it as funny as I did.

MARCH NOTABLE BIRTHDAYS

March 1 - Glenn Miller (1904-1944)

March 2 - Sam Houston (1793-1863)

March 3 - George Pullman (1831-1897)

March 3 - Alexander Graham Bell (1847-1922)

March 4 - Casimir Pulaski (1747-1779)

March 4 - Knute Rockne (1888-1931)

March 6 - Michelangelo (1475-1564)

March 9 - Amerigo Vespucci (1451-1512)

March 9 - Yuri Gagarin (1934-1968)

March 10 - Claire Boothe Luce (1903-1987)

March 11 - Harold Wilson (1916-1995)

March 12 - Mustafa Kemal Ataturk (1881-1938)

March 14 - Albert Einstein (1879-1955)

March 15 - Andrew Jackson (1767-1845)

March 16 - James Madison (1751-1836)

March 17 - Roger B. Taney (1777-1864)

March 18 - Grover Cleveland (1837-1908)

March 19 - David Livingstone (1813-1873)

March 19 - Wyatt Earp (1848-1929)

March 19 - William Jennings Bryant (1860-1925)

March 21 - Johann Sebastian Bach (1685-1750)

March 24 - Harry Houdini (1874-1926)

March 26 - Tennessee Williams (1911-1983)

March 29 - John Tyler (1790-1862)

March 30 - Vincent Van Gogh (1853-1890)

March 31 - Franz Joseph Haydn (1732-1809)

March 31 - Jack Johnson (1878-1946)

From the Internet

COOKING CORNER

By Michele Zaitz



As we all know, eating out in Florida gets to be expensive. The alternatives are to purchase prepared foods or to cook. For those with health issues such as high blood pressure, high cholesterol, diabetes, or a weight problem, prepared foods can be detrimental. Cooking ourselves then becomes the best choice. And it's less expensive! I understand many people find cooking a chore and think it is too difficult. I am hoping that you will try some of my recipes and see for yourself that cooking can be easy and rewarding.

I chose this recipe because it is easy, quick, very versatile and DELICIOUS. It can be poured over pasta, baked tilapia or baked salmon, making it very heart healthy.

Puttanesca Sauce

Ingredients:

1 28 oz can petite diced tomatoes (I use Walmart brand)

1 2 oz. tin flat anchovies (Don't stick your nose up. They are flavorful, healthy and probably used in many dishes you've had in a restaurant and didn't know they were in there.)

1 Tb minced garlic from a bottle...makes life easier.

¼ cup sliced black olives

1 tsp dried basil

1 Tb nonpareil capers with juice

Directions

I always spray the saucepan with cooking spray. Makes for easier clean-up. Using a fork, mash the anchovies in a saucepan. Add garlic. Heat for 1-2 minutes on low until the anchovies start to dissolve.

Add tomatoes, olives, capers and basil. Simmer for 20-25 minutes, stirring occasionally. Season with salt if needed and blood pressure isn't an issue.

If you have any questions, please feel free to email me at mzaitz811@gmail.com.

VIEW FROM ATOP A CAT TREE

By Lily K



Hi neighbors, Miss Lilybelle here. All's well at our house – hope this same is true at yours!

Mom was sad the other day. She was supposed to go on a trip (EEK!) and it had to be postponed. First of all, how dare she leave me?? I didn't have the heart to tell her how glad I was. I hate it when she goes out, because it seems like she's never coming back, and this was going to be a very long trip away from ME. Who would love me the way she does when she's gone? True – Dad loves me – but he's not soft and squishy like Mom is so it's not the same. Besides which, she's mine and should remain at my side. That's what I trained her for.

You see, I need to knead Mom every day. Some people have asked the question, "Why do cats knead?" Some experts say it's a comfort to us. But also, we have scent glands in the soft pads on the bottoms of our paws, so when I knead Mom, I'm releasing some of my unique scent onto her. That scent serves as a kind of territorial marker for any other cats (like my brothers) that might come along and try to stake a claim. That'll teach them!

Here are some quotes I found on the internet (yes, I do surf the net and I'm damn good at it):

"There are two means of refuge from the miseries of life: music and cats." ~ Christopher Hitchins

"Owners of dogs will have noticed that, if you provide them with food and water and shelter and affection, they will think you are God. Whereas owners of cats are compelled to realize that, if you provide them with food and water and affection, they draw the conclusion that they are God." ~ Anonymous. Yup!

"I had been told that the training procedure with cats was difficult. It's not. Mine had me trained in two days." ~ Bill Dana



WOMEN'S HISTORY MONTH

By Alene Kristal

In honor of the annual celebration of Women's History Month this March, I thought it fitting to discover how this event came to be.

Women's History Month is an annually declared month that highlights the contributions of women to events in history and contemporary society. It is celebrated during March in the United States, the United Kingdom, and Australia, corresponding with International Women's Day on March 8, and during October in Canada, corresponding with the celebration of Persons Day on October 18.

In the United States, Women's History Month traces its beginnings back to the first International Women's Day in 1911. But it wasn't until March 8, 1978 when the Sonoma, California school district inaugurated Women's History Week. In 1979, the National Women's History Alliance, Sarah Lawrence College and the Smithsonian Institution co-sponsored a fifteen-day conference about women's history. When its participants learned about the success of the Sonoma County's Women's History Week celebration, they decided to initiate similar celebrations within their own organizations, communities, and school districts. They also agreed to support an effort to secure a National Women's History Week.

In 1980, a consortium of women's groups and historians successfully lobbied for national recognition. In February 1980, President Jimmy Carter issued the first Presidential Proclamation declaring the Week of March 8th, 1980, as National Women's History Week.

Congress continued to pass joint resolutions designating a week in March as Women's History Week. Schools across the country also began to have their own local celebrations of Women's History Week, and by 1986, fourteen states had declared March as Women's History Month.

In 1987, Congress enacted legislation which designated the month of March 1987 as Women's History Month. Since 1988, U.S. presidents have issued annual proclamations designating the month of March as Women's History Month.

State departments of education also began encouraging celebrations of Women's History Month to promote equality among the sexes in the classroom. Many states developed and distributed curriculum materials in all their public schools, and, over time, thousands of schools and communities began to celebrate Women's History Month. They planned engaging and stimulating programs about women's roles in history and society, with support and encouragement from governors, city councils, school boards, and the U.S. Congress.

The National Women's History Alliance selects and publishes the yearly theme for Women's History Month. In 2021, the theme chosen was "Valiant Women of the Vote: Refusing to Be Silenced."

The national theme for Women's History Month 2022 is "Women Providing Healing and Promoting Hope," which captures the spirit of these challenging times.

From the Internet

ANAGRAMS

Submitted by Elaine Jay

- | | |
|----------------------|----------------------|
| 1.Presbyterian: | Best in Prayer |
| 2.Astronomer: | Moon Starer |
| 3.Desperation: | A Rope Ends It |
| 4.The Eyes: | They See |
| 5.George Bush: | He Bugs Gore |
| 6.The Morse Code: | Here Come Dots |
| 7.Dormitory: | Dirty Room |
| 8.Slot Machines: | Cash Lost in Me |
| 9.Animosity: | Is No Amity |
| 10.Election Results: | Lies - Let's Recount |
| 11.Snooze Alarms: | Alas! No More Z'S |
| 12.A Decimal Point | I'm A Dot in Place |
| 13.The Earthquakes: | That Queer Shake |
| 14.Mother-In-Law: | Woman Hitler |
| 15.Eleven Plus Two: | Twelve Plus One |

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AN AWESOME WOMAN

Submitted by Alene Kristal



Bidly Bridget Mason (1815-1891) was born into slavery and "given" as a wedding gift to a Mormon couple in Mississippi named Robert and Rebecca Smith. In 1847 at age 32, Bidly was forced to walk from Mississippi to Utah

tending to the cattle behind her master's 300-wagon caravan. She "walked" from Mississippi to Utah. That's 1, 618.9 miles!

After four years in Salt Lake City, Smith took the group to a new Mormon settlement in San Bernardino, California in search of gold. Bidly soon discovered that the California State Constitution made slavery illegal, and that her masters had a plan to move them all to Texas to avoid freeing them.

With the help of some freed blacks she had befriended, she and the other slaves attempted to run away to Los Angeles, but they were intercepted by Smith and brought back. However, when he tried to leave the state with his family and slaves, a local posse prevented them from leaving.

Bidly had Robert Smith brought into court on a writ of habeas corpus. She, her daughters, and the ten other slaves were held in jail for their own safety to protect them from an angry and violent pro-slavery mob until the judge heard the case and granted their freedom.

Now free, Bidly and her three daughters moved to Los Angeles where they worked and saved enough money to buy a house in downtown Los Angeles. Bidly was employed as a nurse, midwife, and domestic servant, and was one of the first black women to own land in the city of Los Angeles.

She had the intelligence and boldness to use part of her land as a temporary resting place for horses and carriages, and people visiting town paid money in exchange for the space. That particular area was considered the first "parking lot" in Los Angeles.

Knowing what it meant to be oppressed and friendless, Bidly immediately began a

philanthropic career by opening her home to the poor, hungry, and homeless. Through hard work, saving, and careful investing, she was able to purchase large amounts of real estate including a commercial building, which provided her with enough income to help build schools, hospitals, and churches.

Her financial fortunes continued to increase until she accumulated a fortune of almost \$300,000. In today's money, that would be six million dollars. Her most noted accomplishment is the founding of the First AME Church in California. In her tireless work she was known for saying "If you hold your hand closed, nothing good can come in. The open hand gives in abundance; even as it receives."

Bidly Bridget Mason died on January 15, 1891, at the age of 76. On March 27, 1988, ninety-one years after her death, a special event was held in her honor by members of the church she helped found. Mayor Tom Bradley was among the dignitaries in attendance.

From the internet

==== = = ===== = = ===== = = ===== = = =====
"A DOG'S BEDTIME PRAYER"

Submitted by Helene Riffle

|| Now I lay me down to sleep, ||
" The king-sized bed is soft and deep. ||
" I sleep right in the center groove, ||
|| My human beings can hardly move. ||
|| I've trapped their legs, they're tucked in tight, ||
" And here is where I pass the night. ||
" ||
|| No one disturbs me or dares intrude, ||
|| Til morning comes and "I want food!" ||
" I sneak up slowly to begin, ||
" And nibble on my human's chin. ||
|| For morning's here, it's time to play. ||
|| I always seem to get my way. ||
" So, thank you Lord, for giving me, ||
" This human person that I see. ||
|| The one who hugs me and holds me tight, ||
|| And shares their bed with me at night. ||

From the Internet.

==== = = ===== = = ===== = = ===== = = =====

MARCH IN HISTORY

Submitted by Lois Kaish

March 1, 1781 - Formal ratification of the Articles of Confederation by Congress.

March 1, 1961 – President John F. Kennedy established the Peace Corps.

March 4, 1681 - King Charles II of England granted a huge tract of land in the New World to William Penn to settle an outstanding debt. The area later became Pennsylvania.

March 4, 1933 - In President Franklin D. Roosevelt's first inaugural address, he stated "Let me assert my firm belief that the only thing we have to fear is fear itself..." He appointed the first woman to a Cabinet post, Secretary of Labor, Frances Perkins.

March 5, 1770 - The Boston Massacre occurred as a group of rowdy Americans harassed British soldiers who then opened fire, killing five and injuring six.

March 5, 1868 - The U.S. Senate convened as a court to hear charges against President Andrew Johnson during impeachment proceedings.

March 9, 1864- Ulysses S. Grant was commissioned as a Lieutenant General and became commander of the Union armies.

March 10, 1862 - The first issue of U.S. government paper money occurred as \$5, \$10 and \$20 bills began circulation.

March 11, 1918 - The 'Spanish' influenza first reached America as 107 soldiers become sick at Fort Riley, Kansas.

March 11, 1941 - During World War II, the Lend-Lease program began allowing Britain to receive American weapons, machines, raw materials, training and repair services.

March 12, 1938 - Nazis invaded Austria, then absorbed the country into Hitler's Reich.

March 12, 1994 - The Church of England ordained 32 women as its first female priests.

March 19, 2003 - The United States launched an attack against Iraq to topple Dictator Saddam Hussein from power.

March 22, 1972 - The Equal Rights Amendment to the U.S. Constitution was passed by the U.S. Senate and then sent to the states for ratification.

March 23, 1775 - Patrick Henry ignited the American Revolution with a speech before the Virginia convention in Richmond, stating, "I know not what course others may take; but as for me, give me liberty, or give me death!"

March 24, 1934 - The Philippine Islands in the South Pacific were granted independence by President Franklin D. Roosevelt after nearly 50 years of American control.

March 24, 1989 - One of the largest oil spills in U.S. history occurred as the oil tanker *Exxon Valdez* ran aground in Prince William Sound off Alaska, resulting in 11 million gallons of oil leaking into the natural habitat over a stretch of 45 miles.

March 25, 1911 - A raging fire erupted inside the Triangle Shirtwaist factory in New York City killing 123 young women employed as low-paid seamstresses, along with 23 men.

March 26, 1979 - The Camp David Accord ended 30 years of warfare between Israel and Egypt. Prime Minister Menachem Begin of Israel and Egyptian President Anwar Sadat signed the treaty of mutual recognition and peace, fostered by U.S. President Jimmy Carter.

March 28, 1979 - Near Harrisburg, Pennsylvania, the Three Mile Island nuclear power plant accident occurred in which uranium in the reactor core overheated due to the failure of a cooling valve.

March 30, 1981 - Newly elected President Ronald Reagan was shot while walking toward his limousine in Washington, D.C.

March 31, 1991 - The Soviet Republic of Georgia, birthplace of Josef Stalin, voted to declare its independence from Soviet Russia.

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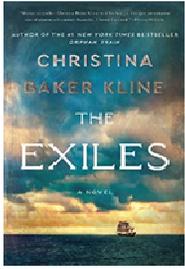


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“The Exiles”

By Christina Baker Kline

By Stan Kaish



The Book Club held its January meeting on Zoom with Alan Topolosky leading a discussion of Christina Baker Kline’s novel, “The Exiles.” It was an excellent discussion about a wonderful book, but attendance was relatively light. I feel “The Exiles” deserved to be

shared with a broader audience than those attending that day.

The exiles in this book could very easily be the ancestors of some venerable family living in Australia today. You see, 20% of Australian citizens are the descendants of convicts sent there by the English courts. And that’s who most of this story is about. The rest is about an aboriginal girl made an exile in her own land.

The story begins in 1840 England. The setting is, first, the stately home of the Whitstons. The household contains the haughty Mrs., a near invisible Mr., their children, two younger ones from this marriage and an older son, the product of Mr. Whitston’s earlier marriage, as well as several servants. As the book opens, the Whitstons are hiring a new governess who will provide education for the younger children and, it turns out, romance for the older one. The governess, Evangeline Stokes, is the recently orphaned child of a vicar, schooled, literate, attractive and utterly naïve to the ways of the world. Four months later, she has been impregnated by the older boy, Cecil, then accused of stealing a family heirloom that was actually given her by the manipulative Cecil, and charged with attempted murder for pushing one of the maids down a flight of stairs in a moment of frustration. Cecil is away on a trip so, despite her pleas, she is arrested and housed in Newgate Prison, an institution that makes Rikers Island sound like paradise.

In a crowded women’s cell, surrounded by its usual residents, prostitutes, thieves, drunks and worse, Evangeline is indeed an exile from everything she has known during her sheltered upbringing. Some months later she comes to trial. No witnesses, no

lawyer, no defense. Ten minutes later she stands convicted of theft and attempted murder. The sentence is 14 years to be served on the other side of the world in a prison in Australia.

Exile number two is an aboriginal eight-year-old girl, Mathinna. She is a bright, pretty, orphaned daughter of a local chieftan. She catches the eye of the governor’s wife, Lady Franklin, who calls her over. After some talk with her and the local Englishman in charge of the settlement, Lady Franklin says of Mathinna, “Well, I think she’s charming. I’d like to keep her.” Lady Franklin’s intentions are to acculturate her to the ways of the English in terms of dress, speech, values and behavior. With no thought given to the wishes or desires of Mathinna, she would undertake this hobby of “civilizing one of the savages.” To which her husband, Sir John, replied, “If you wish to amuse yourself in such a fashion, my dear, I suppose there’s no harm in it.”

And so these parallel stories unfold, Evangeline’s below the deck of the ship *Medea*, with 200 other women housed in foul smelling quarters that were formerly used for transporting slaves. Sometime during the four months voyage she will have her child. Others on the ship are a physician, Dr. Dunne, who is surprised when one of the convicts completes a quote he began that was authored by Tennyson. Another is a young girl convict named Hazel sentenced to seven years for stealing a spoon. Hazel’s mother was a midwife, a skill Hazel picked up from her that will come in handy when Evangeline’s baby is due. There is also a nasty crewman named Buck whose behavior filters into the story. Given that, the cast is ready for the events that befall them once the *Medea* arrives in Australia and incarceration begins at their prison, The Cascades Female Factory.





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INSPIRATIONAL WOMEN OF COLOR

Submitted by Steve Karten

In 1822, Harriet Tubman was born into slavery. In the decades since, the United States has undergone a marked and hard-won shift in civil rights and the opportunities available to black women. In 1992, Mae Jemison became the first black woman to go into space, and in 2021, about 200 years after Tubman's birth, Kamala Harris became the first woman and first black American to serve as Vice President of the United States.

The journey for black women has been long and difficult, but progress continues to be made, thanks to the countless inspirational women who have fought for equality as activists and politicians, and empowered generations through their writing, music, and art. Here are some of those voices, spanning two centuries of resilience, courage, and achievement.

"I was the conductor of the Underground Railroad for eight years, and I can say what most conductors can't say - I never ran my train off the track and I never lost a passenger." ~ Harriet Tubman

Following Harriet Tubman's escape from slavery, she made more than a dozen missions with the Underground Railroad, rescuing some 70 enslaved people, including her immediate family. Later, she became an activist in the women's suffrage movement.

"People always say that I didn't give up my seat because I was tired, but that isn't true. I was not tired physically... No, the only tired I was, was tired of giving in." ~ Rosa Parks

When Rosa Parks refused an order to vacate her bus seat for a white passenger, she became a pivotal figure in the Montgomery bus boycott of the civil rights movement, and in turn, an international icon of resistance to racial segregation.

"The air is the only place free from prejudice."

~ Bessie Coleman

Aviator Bessie Coleman grew up working in cotton fields but always dreamed of flying. So she saved some money and went to flight school in France, becoming the first African-American woman and Native American to obtain a pilot license. She went

on to become a high-profile pilot in dangerous air shows - she would perform only if the crowd was desegregated and permitted to enter through the same gates.

"I guess what everyone wants more than anything else is to be loved. And to know that you loved me for my singing is too much for me. Forgive me if I don't have all the words. Maybe I can sing it and you'll understand." ~ Ella Fitzgerald

Ella Fitzgerald was painfully shy in social situations, but on stage she let her songs speak for her in dazzling fashion. During her career, the Queen of Jazz won 14 Grammy Awards and was awarded the Presidential Medal of Freedom.

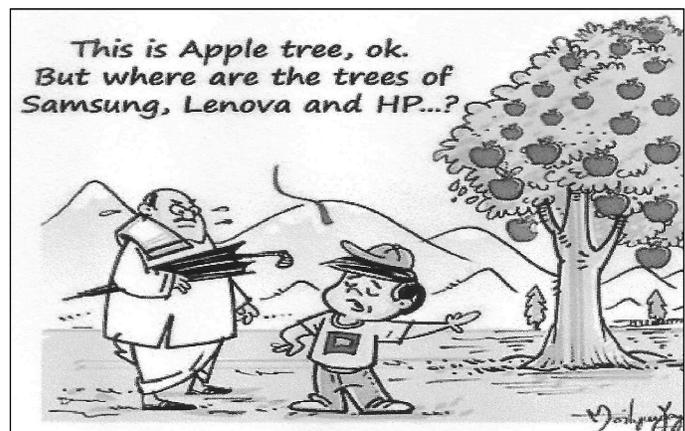
"If they don't give you a seat at the table, bring a folding chair." ~ Shirley Chisholm

In 1968, Shirley Chisholm became the first black woman elected to the United States Congress, and in 1972 she became the first black candidate to run for a major party's nomination for President of the United States. She was a woman who, in her own words, "dared to be a catalyst of change."

"We were pioneers of the space era... Everything was so new — the whole idea of going into space was new and daring. There were no textbooks, so we had to write them." ~ Katherine Johnson

Katherine Johnson was a mathematician whose calculations of orbital mechanics were critical to NASA's first and subsequent crewed spaceflights. Her sheer talent and ceaseless enthusiasm made her indispensable, despite the racial and gender barriers she faced.

From the Internet





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This month let's go outside Majestic Isles and visit the Everglades to see the interesting and unusual Manchinee tree. This tree is one of the most dangerous trees on our planet and it is growing in south Florida.

The Guinness Book Of Records refers to the Manchinee as one of the most dangerous trees, because the smoke from burning its wood is exceptionally poisonous. If exposed, it can severely irritate the eyes and potentially cause blindness. Also, its leaves and bark can cause skin irritations. The Indian tribes in Florida used the sap to poison their arrow tips.

If you are strolling in the Everglades, how do you recognize the Manchinee tree? This evergreen tree has reddish gray bark, small green yellow flowers and shiny green leaves. Its green fruit looks like the Granny Smith apple.

The green fruit is the most obvious threat and has earned the warning, "the little apple of death." In fact, the ingestion of any part of the tree, including the apple, may be equally poisonous. This includes the bark, leaves and the milky sap. One drop of sap can burn a human's skin. Even without touching the tree, people have been burned by the thick milky sap and the rain water falling off branches and the leaves.

However, the Manchinee tree also has some positive qualities. It can grow to 50 feet in height, and, when dried out, was used for centuries by Caribbean carpenters to make furniture. The

poisonous sap was neutralized and used by natives as a medicine. A gummy material extracted from the tree bark can treat edema, while the dried fruit has been used in other medicines.

People affiliated with the Everglades tend to leave the Manchinee tree alone, because it is useful to our ecosystem. It serves as a wind barrier and fights beach soil erosion in the face of rising sea levels.

Therefore, if one maintains a safe distance from this tree, it's probably worth having it remain in the Everglades. But remember, as the Andrew Sisters once sang: "Don't sit under the apple tree with anyone else but me" – and, of course, do not ever select the Manchinee tree in our Everglades for a rendezvous.



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“IT WAS GREAT!”

By Steve Karten

Quite a number of people have expressed interest in getting to know a bit about the MI Newsletter staff, so here goes....

Venita Ackerman, Finance Manager

Venita was born in Waterford, NY, a lovely little town between Saratoga Springs and Albany. When she was about five, her father, a mechanical engineer, changed jobs and moved the family to Brockton, MA. Sometime later, while attending the University of Hartford in CT, Venita met her husband, Jay. After graduation, in 1979, they married, and later expanded their family with the birth of two lovely daughters.

In 1986, Venita and Jay decided to move to Florida, and lived in Wellington before moving to Majestic Isles. Their daughters live close by. Both are in their 30s. Rebecca, a teacher, has twin boys. Deborah has a daughter who is 18 months old and is pregnant with a boy.

After moving to Florida, Venita attended Florida Atlantic University (FAU) to acquire the prescribed number of credits to obtain a CPA designation. She became a CPA in 1996 and formed a partnership which still exists today. She works full-time but enjoys a flexible schedule.

For R&R, Venita plays Mah Jongg here in Majestic Isles. Her hobby is beading, and she teaches a class here in jewelry and glass creations. Unfortunately, as with many things, the class was suspended for the COVID lock down, but it is resuming this month.

Venita started working on the Newsletter staff about six months ago. She is our Financial Manager, bookkeeper and Treasurer.

Edie Ballan, Proofreader

Edie was born while her family lived on Eastern Parkway in Brooklyn, NY. Not very long after, they moved to the Coney Island section where she lived until getting married.

Edie met her husband Irv at a Halloween party, while playing “Spin the Bottle.” They dated and were married 65 years ago this April.

Both Edie and Irv went to Brooklyn College, and then Irv worked 25 years for Liberty Mutual

Insurance Co. When they moved to Woodbury, Long Island, Edie switched to Adelphi University, and worked towards her degree in sociology. She then worked in the undergrad office as an administrative assistant. Upon moving to Florida, she worked at Congregation B’nai Israel in Boca Raton for 23 years in the pre-school office.

Their daughter, Sharon, is a rabbi, and their granddaughter Amy is a physician whose specialty is gerontology. Their son Robert is a money manager. He has three children - two daughters from his first marriage. Kate is a teacher presently working in Spain with her fiancé, and Kristine who lives in Scottsdale, AZ. She works in the field of fashion. Robert also has a four-year-old son, Mathew, from his present marriage.

Edie and Irv have lived in Florida for 32 years. She was an avid tennis player, is a member of the book club, plays Mah Jongg and canasta regularly, and, of course, works for the Newsletter.

When I asked her to sum up her life, without the slightest bit of hesitation or contemplation, and a big smile across her face, and a twinkle in her eyes, she told me ...”IT WAS GREAT!”

Alene Kristal, Editor

Alene was born in the west Bronx, NYC. After elementary school, she attended a girls-only junior high school named for the poet and author, Elizabeth Barrett Browning. The students called it EBB for short, but it was commonly referred to as “everything but boys.”

After EBB, she went to the Bronx High School of Science and then on to Cornell University, where she earned her Bachelor of Science degree and also met her first husband. In order to escape the draft for the Vietnam war, he enlisted in the U.S. Navy and was stationed in Seattle, WA. While there, Alene earned an M.Ed in psychology.

From Seattle, the couple moved to Ann Arbor, MI, where Alene worked for a local school district as a school psychologist while putting her husband through law school at the University of Michigan. Then they moved to Denver, CO. where her husband landed a job practicing law. In Denver, Alene had a psychotherapist practice in both the public

(Continued on Page 24)

WORD CONTEST

Submitted by Steve Karten

The Washington Post's Mensa Invitational once again asked readers to take any word from the dictionary, alter it by adding, subtracting, or changing one letter, and supply a new definition. Here are the winners:

1. Cashtration (n.): The act of buying a house, which renders the subject financially impotent for an indefinite period of time.
2. Caterpallor (n.): The color you turn after finding half a worm in the fruit you're eating.
3. Intaxication: Euphoria at getting a tax refund, which lasts until you realize it was your money to start with.
4. Reintarnation: Coming back to life as a hillbilly.
5. Bozone (n.): The substance surrounding stupid people that stops bright ideas from penetrating. The bozone layer, unfortunately, shows little sign of breaking down in the near future.
6. Foreploy: Any misrepresentation about yourself for the purpose of getting laid.
7. Giraffiti: Vandalism spray-painted very, very high.
8. Sarchasm: The gulf between the author of sarcastic wit and the person who doesn't get it.
9. Inoculatte: To take coffee intravenously when you are running late.
10. Osteopornosis: A degenerate disease. (This one got extra credit.)
11. Beelzebug (n.): Satan in the form of a mosquito that gets into your bedroom at three in the morning and cannot be cast out.
12. Decafalon (n.): The gruelling event of getting through the day consuming only things that are good for you.
13. Glibido: All talk and no action.
14. Dopeler Effect: The tendency of stupid ideas to seem smarter when they come at you rapidly.

From the Internet

It Was Great (Continued from Page 23)

and private sectors. After four years in Denver, her husband decided he wanted to teach law, and found a position at Syracuse University. While there, Alene earned her second master's degree (an MBA), and the couple divorced. She then moved back to New York City, where she worked for a Fortune 500 company as a systems analyst in their marketing division, designing products for Wall Street firms.

Six years on, disenchanted with corporate life, Alene changed careers again and went to law school at night and worked as a paralegal during the day. Upon graduation, she wrote a column for a weekly legal publication and then landed a job as a law clerk for a Civil Court judge. A death in her family led her to semi-retire, giving her the time to pursue her interest in art and antiques.

Alene also followed her passion for singing, begun as a teenager, by taking voice lessons and participated in recitals and cabaret performances. She's sung in her NJ community's musical theater productions, for MILT here in MI, and is due to perform in a program here in April.

In the mid-2000s, she and I met on JDate. Within six months, we were living together and planning our wedding. We honeymooned in Paris, a place we had both been to and loved. When Alene's one bedroom apartment felt too small for the two of us, we sold it and bought a house in an over-55 community (Regency at Monroe) in New Jersey. During those NJ years, Alene worked as a contract attorney doing pre-trial document review. After living in the cold northeast for six and a half years, we decided to get away from the frigid winter weather and purchased a villa in Majestic Isles. The rest is history!



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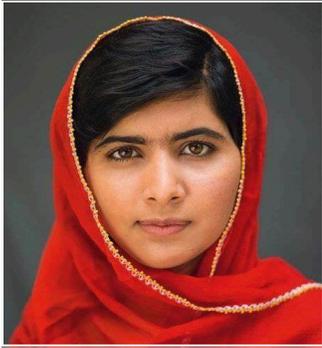
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MALALA

Submitted by Steve Karten



Malala Yousafzai is a prominent and passionate advocate for girls' education and women's rights. Her fervent mission to help more girls attend school is fueled by many sources, including the oppression of women in her home country of

Pakistan, the consistent activism and support of her family, and an attempted assassination by the Taliban in 2012. After surviving this shooting, Malala ramped up her international advocacy and started a nonprofit called the Malala Fund, which is still going strong today.

Malala was born July 12, 1997, in Mingora, Pakistan, which is the largest city in the Swat Valley. She grew up with her parents, and two younger brothers. Malala's parents named her after Malalai of Maiwand, a well-known Afghan warrior and heroine. Her father was a passionate educator who started several schools and who campaigned for gender equality in education throughout his life. He imbued Malala with a reverence for learning that would eventually lead her to become an international humanitarian.

When Malala was 10 years old, the Taliban rose to power and severely restricted women's lives in Pakistan. But gender imbalances were already ingrained in the cultural landscape during Malala's early childhood. For example, the birth of a girl was not typically celebrated in Swat. In defiance, Malala's father asked his neighbors to throw fruits, sweets, and coins into his daughter's cradle, a tradition usually reserved for boys. Her father even drew Malala's name onto a family tree that had previously only recorded the male lineage of the family. When interviewers would later ask how he supported his daughter's strength and optimism, he often replied, "I didn't clip her wings."

Malala followed in her father's footsteps, visiting his schools from a young age and absorbing his passion for scholarship and social activism. When she was old enough to begin her education, she attended a girls' school that her father ran.

When the Taliban invaded Malala's hometown, restrictions were placed on many of her favorite activities, such as dancing, watching TV, and listening to music. Most significantly, girls were forbidden to receive an education. The Taliban violently enforced its restrictions on citizens and began to attack educational institutions. By 2008, it had destroyed over 400 schools.

Both Malala and her father courageously opposed these crimes. Her father traveled to the capital of Pakistan to speak with international media outlets. Meanwhile, Malala wrote for the BBC about their struggles, under the name "Gul Makai." In response, Taliban threats to Malala's family and their community of social activists increased.

Shortly after the Taliban issued a specific death threat against Malala, her school bus was stopped on the way home and boarded by armed men. They asked for her by name and, when her peers looked in her direction, she was shot in the head. Two of her schoolmates were also injured.

Malala was transported to a military hospital in Peshawar, Pakistan, and then to Birmingham, England, to receive treatment for severe injuries. Pakistan's president provided her father with a diplomatic passport, which allowed Malala's family to live in England without seeking asylum. Malala had gained some global acclaim for her activism by this time, and the shooting led to an international outpouring of care and concern, and garnered increased support for the cause of girls' education.

Malala began to attend school in England. But she didn't forget the many girls who were still unable to pursue an education; the Taliban attack only deepened her commitment to this cause. In 2013, on her 16th birthday, Malala spoke about her beliefs and work to the United Nations in New York. In response, former U.N. Secretary-General Ban Ki-moon pronounced Malala's birthday "Malala Day," describing her as "a brave and gentle advocate of peace who, through the simple act of going to school, became a global teacher." In 2014, she became the youngest person to win the Nobel Peace Prize. Malala has received many other acknowledgments and awards, including the International Children's Peace Prize and Pakistan's National Youth Peace Prize.

(Continued on Page 27)

MIXED FEELINGS

By Edye Frankel

Within the past two to six years, my sister and brother gave me boxes and boxes of memorabilia from our family's distant past. I am still sorting through the documents and pictures.

Now, let me just back up a little. In 1944, my family of six were in a Nazi internment camp in Vittel, France, and were being liberated by U.S. armed forces from that camp. This was the third camp in which we were held. The first was Westerbork in Holland (the same camp to which Anne Frank was first taken). The second was Liebenau in Germany. From Vittel we were transferred to La Boule to await boarding a U.S. ship to America. While there, my parents were asked to sign a document agreeing to pay for their passage. Keep in mind, though, that they did not speak any English, likely didn't understand what they were signing, but were probably willing to sign anything if doing so got us out of Europe.

We all gleefully boarded the ship, the *USS Barry*, to come to America. We arrived in Boston on December 24, 1944.

Back to the memorabilia. One of the items I discovered (which neither my brother nor my sister knew of) was a subpoena issued by a federal court and dated 1958, requiring my parents to appear in court concerning an overdue payment.

The amount claimed was \$730 plus late fees, totaling \$874. The government's position was that my parents had agreed to pay for the family's passage to the U.S. in 1944 and had not done so. However, if my parents had truly understood the cost they had agreed to pay in 1944, I am positive they would have attempted to pay it. The fact that they were subpoenaed is indicative of their lack of knowledge of their debt, and, I'm sure, made them feel ashamed that our government considered them deadbeats.

I also found numerous copies of \$10 money orders my mother sent to the U.S. government to pay off this obligation. Obviously, they did not have enough money to pay more at that time.

When I discovered these documents, I was totally amazed on two levels: that the U.S. government would have charged refugees for passage to this country, and that the fee was so costly! I'm truly grateful we were offered an escape route from Europe in 1944 – an option unavailable to most other Jewish families in the grip of Nazi Germany at the time. Finding these documents and coming to an understanding of what our government had done, both for and to my family, has left me with mixed feelings. Nonetheless, our family was rescued and escaped the fate of millions of other European Jews - and that was a miracle.



Malala (Continued from Page 26)

Malala has also written several books, including multiple children's books, a book about refugee girls, and her internationally best-selling autobiography, "I Am Malala: The Girl Who Stood Up for Education and Was Shot by the Taliban."

In 2013, Malala and her father launched the Malala Fund, with a goal to help every girl experience 12 years of free, safe, and quality education. They focused specifically on Afghanistan, Brazil, India, Lebanon, Nigeria, Pakistan and Turkey. Through the fund, Malala advocated for the safe return of schoolgirls kidnapped by Boko Haram in Nigeria, opened a school for Syrian refugee girls in Lebanon, and more. The nonprofit uses grantmaking, research, and advocacy to support local girls and community-based activism and to challenge limiting gender norms in society.

Malala studied philosophy, politics, and economics at the University of Oxford, where she graduated with honors in 2020. Her Malala Fund continues its vital work and has invested \$22 million in education across eight countries. With more than 100 million girls still out of school around the world, Malala's fight for equitable access to education is far from over.

From the Internet

PERHAPS A “VALIDATION”

Reprinted from the MI News 2013

By Edye Frankel



In early December 2012, I read about the D.C. Holocaust Museum’s National Tour and Tribute celebrating the museum’s twentieth anniversary. The tour’s itinerary would bring it

to Boca Raton on December 9, 2012. As a survivor, I thought this would be an interesting program to attend. And so I did. There were thought provoking lectures in various rooms of the Marriott Hotel, and in one of those rooms, there were computers with the Holocaust database in which I was able to confirm that my family’s members were listed. Several curators circulated, talking to attendees. One of the curators approached me, began a conversation, and ultimately became quite interested in my story. I told her of the artifacts that I had, which piqued her interest even more.

After that event I left, went home and did not think about it again until I got a call from another of the museum’s curators early in January 2013. She wanted to set up a date to meet with me and to see those artifacts about which I had spoken to her colleague. We met on January 24th at my house. Kyra, the curator, is a lovely young woman who spent about three hours talking with me and viewing the artifacts that I had from the four camps that my family was in. When she learned that we had been in Vittel, in France, she told me that the museum had some video footage from that camp and asked if I had a computer.

We sat down in front of my computer, went to the Museum website, and then to the footage of Vittel, which showed many people waving and cheering the American soldiers coming in tanks, jeeps, and trucks to liberate the camp. The footage progressed to a barbed wire fence where a large number of children were being entertained from the other side of the fence by an army medic with a monkey puppet named “Kiki.” As I watched the kids totally enjoying this entertainment, I suddenly gasped and jumped out of my chair exclaiming that I saw my

mother holding two-year-old me in her arms, while I tried to reach through the barbed wire fence to touch the puppet. Kyra, too, looked in disbelief at our discovery and said, “Oh my God, I have the chills, this is amazing!” When we both recovered from our shock, we talked some more. She revealed that I was the first child in that footage to be identified. This, too, was a thrilling realization. Kyra realized that she had another appointment shortly, so we embraced each other with a goodbye as she said, “I’ll be back to see you again.”

After she left, I watched the video over and over again. At one point I found my eight-year-old sister standing at the fence. I’ve continued to look for my two brothers but have not been able to single them out of the crowd.

A few months later, on April 28 and 29, I was in Washington D.C. with my family, 10 people in all, to further celebrate the museum’s 20th Anniversary at a collective gathering of Holocaust survivors, including American POWs. When my “gang” (children, grandchildren and extended family, totaling 10) appeared at the entrance to the museum a stranger approached me saying, “Are you Edith Frankel?” When I answered, “Yes” he said, “Follow me,” and escorted us into the building, then to a large elevator that took us up to the fifth floor.

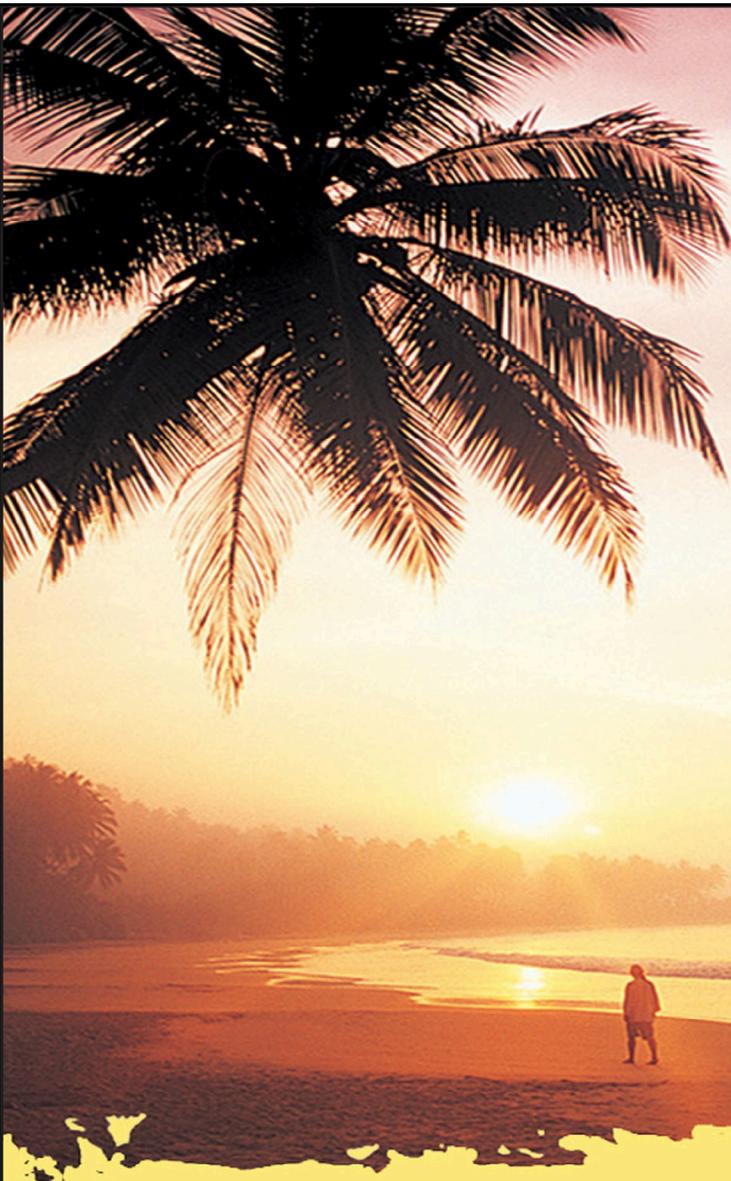
As the elevator doors opened, we were faced with spotlights, cameras, microphones and a large group of people. The sons of the man with Kiki, the monkey puppet, were there with members of their family, also totaling 10 people, to meet with me. The sons had donated the puppet and the footage, which they’d found in their father’s attic after his death. At that point I was overwhelmed with tearful emotion. I hugged the brothers wordlessly. Both families were whisked to a meeting room where we saw Kiki in the flesh and talked for a while before the brothers and I went to yet another room full of movie cameras and microphones to be interviewed.

As this may very well be the last time such a gathering of Holocaust survivors takes place, and my first time at such an event, it felt quite momentous. It almost goes without saying that this whole event has left me and my family with a lasting and profound impression. There is much more to tell, but for now, that’s all.



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DELI HISTORY

Submitted by Steve Karten

It is worth noting the shuttering of two kosher New York landmarks: the 2nd Avenue Deli, a 50-year-old institution in the East Village whose neon sign was taken down last January; and the dairy restaurant Ratner's, open from 1905 to 2002, which proudly served cheese blintzes to Governor Nelson Rockefeller and Robert Kennedy. Mobsters Bugsy Siegel and Meyer Lansky held court in the back, and Ratner's served as the watering hole for celebrities such as Al Jolson, Walter Matthau and Groucho Marx. What drew in the (mostly) lunch crowd to its Delancey Street location were the mouthwatering onion rolls, vegetarian chopped liver and vegetable cutlets. Ratner's traditional soups and blintzes (as well as deep-dish pizza) live on in the supermarket freezer case.

There is history in the kosher-style New York triumvirate of the Carnegie Delicatessen & Restaurant, Stage Deli and Lindy's, all on Seventh Avenue. At Carnegie, which opened in 1937, there are super-size sandwiches that draw such a crowd you can wait on line for an hour to get a seat (New Yorkers wait *on* line; others wait *in* line). Their cheesecake, now in stores across the United States, is legendary (but so are Lindy's and Junior's in Brooklyn). At Lindy's, which opened in 1921, you can reminisce about Damon Runyon writing "Guys and Dolls" in his private booth; at Stage Deli (also opened in 1937) you can see where the Beatles sat the night they first performed on "The Ed Sullivan Show." And, of course, Walter Winchell wrote his columns while sitting in each of these delis.

To get to Junior's, you have to cross the bridge to Brooklyn to the store that was founded by Harry Rosen and is today being tended by the family's third generation. They have an outpost in Mizner Park so you can sample their cheesecake here in Florida. And, if you're lucky, you can occasionally find it at Costco.

Some of the oldest establishments in downtown Chicago, San Francisco and Detroit closed their doors when the Jewish population moved to the suburbs. But even as some places closed, retiring waiters and waitresses who'd worked for 30, 40 or 50 years, new ones open. In California, the most

recent is D.Z. Akin's Delicatessen, which serves kosher-style fare to San Diego's burgeoning Jewish community. Opened in 1985, this deli and restaurant with formica booths and a noisy, busy atmosphere has great chopped liver.

Another relative newcomer is Zingerman's Delicatessen in Ann Arbor, Michigan, which opened in the mid 1980's; their breads and meats are renowned not just in the Midwest but throughout the United States. For a college town, the kosher-style Zingerman's run by Ari Weinzweig and Paul Saginaw stands out as the place for local University of Michigan students to get their pastrami fix.

Then there are the other two guys, Jay Brown and Mark Jay Katzenberg, who started out with a small deli in Palm Beach, Florida, in 1981, and fittingly named their eatery TooJay's Original Gourmet Deli. Today this versatile restaurant has grown and is dispensing delicious kosher-style comfort food (deli, brisket, pot roast, liver and onions and matzo ball soup) in 23 outlets throughout the state.

One cannot speak of Jewish gastronomy without mentioning the products that were, and still are, a part of the lure and lore. There would be no egg cream without Herman Fox's U-bet Chocolate Flavor Syrup. When Louis Auster created the egg cream at his candy shop in Brooklyn in 1890, the name was his witty way of describing the richness of his drink, which has neither eggs nor cream, at a time when few could afford the luxury of either. So popular was this cocktail of chocolate syrup, seltzer and milk in the 1920s that syrup wars broke out among competing brands that wanted to be associated with the sweet drink.

Then there is Dr. Brown's Cel-Ray soda. Originally called Celery Tonic, it is made with celery seeds, sugar and seltzer. It was developed in 1869 by a physician and used to treat immigrant children's stomach upsets (the word tonic was dropped when the government objected to the medicinal implications). An acquired taste, some people swear it helps digest fat-laden salami sandwiches.

We owe the existence of Gold's horseradish to Tillie Gold, who in 1930 saved the grinder her cousin was using to grind horseradish root after he got hauled

(Continued on Page 33)



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HOME HINTS

Submitted by Ralph Sherman

Check Your Detectors

Set a reminder to test smoke and carbon monoxide detectors once a month. All it takes is holding down the test button for a few seconds and listening for the alarm. If the alarm doesn't sound or sounds weak, replace the batteries and test it again.

Be Weather-Ready

Clear gutters regularly to avoid costly leaks and the potential for mold.

Fire Extinguishers

Ensure you have a fire extinguisher available in the most vulnerable areas: your kitchen and garage. It's a good idea to have a 10-lb extinguisher in the garage and a 5-lb extinguisher in the kitchen. You should buy a combination extinguisher that can take on any kind of fire.

Unplug Appliances

It may seem simple, but even unplugging your toaster when it's not in use makes your home that much safer. A quick power surge could overwhelm your small appliance and spark a fire in an instant ; but if the appliance isn't connected to the wall, it won't be susceptible to the power surge.

Clean Your Dryer Vent

Did you know that lint trapped in your dryer vent can cause a fire? Cleaning your vent at least once a year can help prevent this issue. Simply unplug your dryer, disconnect the duct, and vacuum and brush out the vent and duct.

From "Trib Lives Partner News"



Deli History (Continued from Page 31)

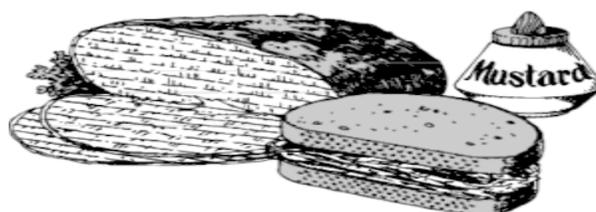
off to jail during an altercation. Tillie and her husband took up the enterprise of mixing the root with vinegar (the beets were added later) now a staple alongside gefilte fish.

Whether it is a new dill, half sour or full sour, a deli meal wouldn't be complete without the pickle. The notion of pickling for preservation began around 4000 B.C.E. but it wasn't until 2030 B.C.E. that the practice of pickling cucumbers came about. Julius Caesar and Napoleon both fed pickles to their armies because it was believed to provide physical and spiritual strength. It is also related that Cleopatra ate a great number of pickles to preserve her beauty.

At one time, the Lower East Side had the largest concentration of pickle stores in the United States. But now, commercial companies such as Heinz and Vlasic have learned how to speed up the pickling process though no self-respecting deli will serve them. Barrel-cured pickles can still be found on the streets of the Lower East Side at Gus's Pickles.

The dishes and environment in today's deli-restaurant still satisfy the cravings for Jewish ethnic cuisine. Once a sanctuary for lonely immigrants, these establishments remain a destination where families can take their children to enjoy good food and the comfort of community.

From the Internet



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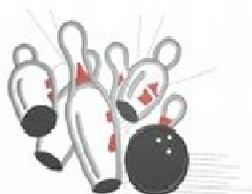
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MAJESTIC BOWLING LEAGUE

Spares and Strikes

By Joyce Stoudermire



HIGH GAME

Week 19-- MEN:

B. Rosenhouch 168
 Steve Herbin 161
 Mike Neikrug 159

Week 19 – WOMEN

Ilene Gross 153
 Iris Rothstein 138
 Issy Elefson 137

Week 20 -- MEN

B. Numeroff 172
 B. Rosenhouch 159
 Steve Herbin 157

Week 20 -- WOMEN

N. Herbin 166
 M. Spinner 153
 D. Rothman 134

Week 21 – MEN

B. Rosenhouch 173
 K. Ramnarine 170
 Jerry Elefson 162

Week 21 – WOMEN

J. Stoudermire 140
 N. Herbin 123
 M. Ramnarine 123

Week 22 – MEN

Fred Neikrug 195
 Steve Herbin 191
 K. Ramnarine 189

HIGH SERIES

B. Rosenhouch 500
 Steve Herbin 434
 Fred Neikrug 420

Issy Elefson 388
 Ilene Gross 381
 J. Stoudermire 360

B. Numeroff 454
 B. Rosenhouch 453
 Steve Herbin 445

N. Herbin 398
 J. Stoudermire 341
 M. Spinner 340

K. Ramnarine 485
 B. Rosenhouch 457
 Steve Herbin 434

J. Stoudermire 363
 M. Spinner 337
 N. Herbin 334

Fred Neikrug 506
 Steve Herbin 496
 K. Ramnarine 472

Week 22 – WOMEN

J. Stoudermire 125	J. Stoudermire 342
M. Ramnarine 123	Issy Elefson 322
Issy Elefson 123	Ilene Gross 313

CONGRATULATIONS TO THE FOLLOWING HIGH SCORERS:

Men: Bob Rosenhouch 168 (week 19), 173 (week 21); Steve Herbin 161 (week 19), 191 (week 22); Bob Numeroff 172 (week 20); Ken Ramnarine 170 (week 21), 189 (week 22); Jerry Elefson 162 (week 21); Fred Neikrug 195 (week 22).

Women: Ilene Gross 153 (week 19); Natalie Herbin 166 (week 20); Michelle Spinner 153 (week 20); Joyce Stoudermire 140 (week 21).

We are looking for new and not so new residents and our friends and neighbors to check us out. Remember you don't have to live in Majestic Isles to join our league. We welcome great and not so great bowlers – you won't be judged. We are really a nice group of people just having fun. If anyone is interested in joining us, please call Alan Stevens 561-336-4223. We look forward to hearing from you.



TENNIS

By Marshall Deutsch



THE TENNIS GROUP continues to seek new players. We play doubles tennis three times a week, every Tuesday, Thursday and Saturday at 9:30 a.m. For more information, call Marshall Deutsch at (561) 736-3135. Come on out!!

BOOK TALKS

By Claire Deveney



Claire Deveney will lead a discussion of “The Stranger in the Lifeboat” by Mitch Albom on Wednesday, March 16 in the main ballroom at the clubhouse at 2 p.m.

Mitch Albom has written seven number one “New York Times” bestsellers, including “Tuesdays with Morrie,” which spent four consecutive years atop the bestseller list.

Here’s what reviewers had to say about “The Stranger in the Lifeboat:”

“Albom allows meaning, whether his own or the reader’s, to emerge with a quiet, confident grace.” - *Publishers Weekly*

“Think of Mitch Albom as the Babe Ruth of popular literature, hitting the ball out of the park every time he’s at bat.” - *Time*

“It’s a survivor story about 10 people trapped on a raft with a young man who announces he is the Lord.”- *The Washington Post*

“Albom’s gift for plucking heartstrings and finding meaning in life, which has endeared him to millions, is on full display.” - *Booklist*

Save the date - Wednesday, April 20th - when Book Talks will discuss the novel “Lady Clementine” by Marie Benedict, published in 2020. The guest speaker will be named at the March meeting.

Majestic Isles Book Talks regularly meets the third Wednesday of each month at 2 p.m. in the clubhouse, October through June. An email notice of the March meeting, as well as a reminder a day before the meeting will be sent to Book Talks members. To add your name and email address to the list, please email cdeveney@comcast.net. Contacts for Book Talks are Claire Deveney, 561-504-3842, and Allan Topolosky, 301-335-2288.



THE PAP CORPS

By Marilyn Chermak and Renee Stichel



The Pap Corps Champions for Cancer Research opened the “Garden of Hope” at Sylvester Comprehensive Cancer Center’s Pap Corps campus in Deerfield Beach. It recently held a ribbon cutting to reveal the special area where cancer patients, staff and visitors can reflect and find peace.

The “Garden of Hope” is the first of three beautification phases planned for the Pap Corps campus. “The Lake of Hope” will be an area located behind the building by the lake, and “Path of Hope” will be the walkway that leads from the “Garden of Hope” to the lake. Both projects will offer opportunities to purchase benches, plaques, inspirational pavers, and other ways to continue providing funds for Sylvester researchers.

For further information about purchasing a brick or plaque for the “Garden of Hope,” contact Renee Stichel or Marilyn Chermack.

All are invited to “Party with Pap” Sunday, March 13th at 7:30 p.m. in the clubhouse ballroom. Dance and enjoy the music of the band “The Ungrateful Dead.” The evening is BYOB, and delight in our delicious desserts. Donation \$15pp; checks in the Pap mailbox. Seating will be cabaret style. If you wish to be seated with specific people, please include that information with your check. Where possible, we will do our best to make that happen.

Mark your calendars! Sunday, April 14th at 10:30 a.m. for the annual Pap Walkathon. It will take place in the parking lot of the clubhouse. More details to follow.

The Majestic Isles Chapter of the Pap Corps welcomes all residents to join its membership. Become part of our passion and the great strides that have been made in cancer research. Please contact Stella Grottalio for further information.

Tribute cards – Harriet Strauber and Nadine Ehrlich; Donations - Fran Silling; Birthday Greetings - Myrna Bader.

NEWS AND VIEWS

By Bobbie Rosenfeld



Another busy month has gone by and Trump, COVID, and the Jan 6th committee continue to dominate the landscape, along with requests for money for the campaigns of politicians of every ilk. Also, charitable contributions have begun in the new year, and most of our mail consists of requests for money. Ah to be rich. Oh, and don't forget house repairs. We at N & V tackle it all as we look for ways to discuss the meaning of it all, and always discuss possible solutions. We continue to have lively discussions about what to consider and do next as the parade passes by. Speaking of passing, a lot of celebrities did that this past month. We lost Sidney Poitier, Meat Loaf, Bob Saget, one of the Monty Python four and several other TV comics. A tough beginning to 2022.

Many people in the U.S. remain unvaccinated – in fact, we have one of the lowest rates worldwide. Children under five will soon be eligible for the COVID shot, but America's rates won't likely change much. Many have noted pain in the arm from the shots and it seems some if the shots went into the arm too high. We also discussed the trucker jam on the Canadian border over COVID rules and Go Fund Me money being diverted from the giver's designation. The fund may be backing down and giving the money to the truckers, but the situation is still fluid. I heard on the news that most of the truckers are vaccinated but want more freedom to move across the borders. Much confusion.

We discussed the situation with Russia and Ukraine over several weeks, with most not supporting the idea of America sending troops there. We observed MLK day and the Netflix movie "Don't Look Up." We also noted the hostage situation in the Texas synagogue and were thankful for the training the Rabbi had received in dealing with such an event.

We were joined at one session by Marvin and Linda Diamond and Essie Myers for an incredible talk and photo tour of Dubai. The talk and photos were amazing and exciting to hear and see. We learned so much about the beauty and makeup of the country. They have a Holocaust Museum, and the

country is an engineering marvel. Thanks to the Abraham Accords, there was an Israeli booth at their Expo 2021. And kosher ice cream was available, along with kosher meals on their tour. Dubai sports the tallest building in the world and a Ferris wheel ride 37 minutes long with cars that hold 30+ people. The view was exhilarating and the presentation thrilling.

We discussed voting rights, free tests and masks. We had a spirited discussion of the new Supreme Court choices, with some members disapproving of Biden's decision to nominate a black woman, others feeling it was racist to say so, and some were supportive. More on this as the choice becomes known. Join us at the clubhouse on Mondays from 3 to 4:30. And a special thanks to our guests for their Dubai tour.



GROUP ACTIVITIES BEGIN ONCE AGAIN AT MAJESTIC ISLES

By Leah Polin

With the reopening of the MI clubhouse, we are inviting all residents to attend any/all of the new classes being scheduled. Please contact the instructor if you will be attending so that supplies will be ready for the first session. These sessions are open to all Majestic Isles residents. Do come join us!

Recipes Galore

Michele Zaitz, instructor
Monday, March 21st 2 p.m.

A demonstration and instructions for contemporary cuisine. mzaitz811@gmail.com

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Venita Ackerman, instructor

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March

What's Happening in March

2	Wednesday	10:30 a.m.	Entertainment Committee	(f,h)
		7:00 p.m.	Lecture – Dr. Robert Watson	(p,h)
3	Thursday	10:30 a.m.	Calendar Committee	(f,h)
4	Friday	11:00 a.m.	Newsletter Staff Meeting	(f,h)
6	Sunday	4:00 p.m.	Meet & Greet – New Residents only	(f,h)
7	Monday	10:00 a.m.	Board Workshop	(f,h)
9	Wednesday	2:00 p.m.	MILT Board Meeting	(f,h)
		8:00 p.m.	Movie Night – <i>King Richard</i>	(p,h)
10	Thursday	2:00 p.m.	PAP Meeting	(f,h)
13	Sunday	7:30 p.m.	Party with PAP – Live Music	(p,h)
14	Monday	7:00 p.m.	Glitz & Glam Beading	(f,h)
16	Wednesday	2:00 p.m.	Book Talks	(f,h)
17	Thursday	10:00 a.m.	Board Meeting	(f,h)
20	Sunday	7:30 p.m.	MILT – Harvey Vetstein Lecture	(p,h)
21	Monday	2:00 p.m.	Recipes Galore Demo	(f,h)
23	Wednesday	10:00 a.m.	Casino Outing	(p,a)
27	Sunday	1:00 p.m.	Warren Hill Pool Music	(f,h)
		5:30 p.m.	Singles Get Together	(f,h)

Weekly Activities

Monday	10:00 a.m.	Water Aerobics	(f,h)
Monday	3:00 p.m.	News 'N Views	(f,h)
Mon/Wed/Fri	8:00 a.m.	Pickleball	(f,h)
Tuesday	9:15 a.m.	Water Aerobics	(f,h)
	12:00 p.m.	Bowling	(p,a)
Tues/Thurs/Sat	9:30 a.m.	Tennis	(f,h)
Wednesday	10:15 a.m.	Water Aerobics	(f,h)
Thursday	9:00 a.m.	Water Aerobics	(f,h)
Friday	9:00 a.m.	Water Aerobics	(f,h)

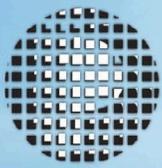
Dates and times are subject to change. Please see channel 63 for updates.

Read weekly management bulletin for additions, cancellations or changes in dates or times.

For additional information, please contact an officer of the appropriate club or the Majestic Isles Office

f = free, p = paid, a = away, h = home

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